

THE INTELLIGENT GUIDE TO LONDON LIVING

NINE TO FIVE & MIDWEEK

9TH AUGUST 2004

fat girl slim

We can't claim to have tried Rejuvaslim, but the PR lady, who's a chum of ours so we believe her, tells us that she lost 11lbs in four weeks on this weight-loss programme. Basically, they describe the programme as a holistic detox with weight loss as a side effect. Eat according to the book, take a brisk walk three to four times a week, and take a course of 12, 40-minute electronic lymphatic massage sessions over the period of a month. The system breaks down calcified toxins in fat cells and chips away the calcified build-up or 'plaque' that has developed in the intestinal tract. Rather like descaling a kettle... Call 020 8662 0700 for details or go to www.rejuvasliminternational.com

